

An in vitro ethnopharmacological study on *Prangos ferulacea*: a wound healing agent

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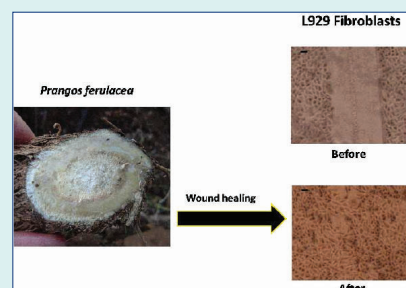
Abstract

Introduction: Traditionally *Prangos ferulacea* root is being used as an effective wound healing agent especially for pus-filled wounds both in human and stocks in the western north of Iran. Regarding the subject we decided to study *P. ferulacea* roots essential oil (PFE) for its antimicrobial and wound healing activities.

Methods: The in vitro wound healing activity of PFE was evaluated in the mouse fibroblast cell line L929 using MTT assay of cell viability and cytotoxicity indices. Scratch assay as an in vitro model of wound healing assay was also conducted in this study. Moreover, the type I collagen content was used as an indicator of progress in wound healing process using Sircol collagen assay. Besides, PFE was subjected to GC/MS to identify the chemical constituents, and antimicrobial property was also evaluated against *S. aureus*, *S. epidermidis*, *E. coli*, *P. aeruginosa*, *S. paratyphi* and *C. albicans* using agar dilution method.

Results: GC/MS analysis showed that the monoterpene hydrocarbons dominated in PFE, amounting to a total percentage of 95.1% with the major constituents: β -Phellandrene (32.1%), m-Tolualdehyde (26.2%), and δ -3-carene (25.8%). PFE inhibited the growth of *S. aureus* and *P. aeruginosa* with the MIC value of 20 μ g/mL. In addition, at the second day of treatment, PFE at concentrations of 4 and 16 μ g/mL significantly ($P < 0.001$) enhanced the migration rate of L929 cells by 87.05 ± 2.4 and 63.5 ± 0.08 %, respectively. Moreover, the collagen production by L929 cells was increased greatly ($P < 0.001$).

Conclusion: It is proposed that the excellent antimicrobial activity along with the significant increase of migration rate and collagen production by fibroblast cells might be associated with the high content and synergistic effect of the monoterpenes, corroborating the traditional usage of this plant as a wound healing agent.



Introduction

The *Prangos* genus belongs to the family Apiaceae. This genus includes about fifty species distributed in the Mediterranean and Middle-East regions including Iran. Fifteen species of this genus are growing wildly in many regions of Iran.¹

The plants of this genus have been used as emollient, carminative, tonic, anti-flatulent and anthelmintic in the traditional medicine of Iran.² According to the literature

and also our observations from local people, the freshly crushed root oily exudate of *Prangos ferulacea* has been used (as topical ointment) as an effective wound healing agent especially for pus-filled wounds both in human and stocks in the northern west of Iran.² Fig. 1 depicts the oil secreted from fresh plant's root by local people of Toujaleh and Mishadeh villages, Piranshahr, West Azarbaijan province, Iran. In this study, we aimed to evaluate the potential antimicrobial and wound healing activity of



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Fig. 1. The fresh oil exudes from the roots of *Prangos ferulacea* traditionally used as a wound healing agent by local people of western north of Iran (Mishadeh and Tujaleh, Piranshahr, Iran).

the essential oil of *P. ferulacea* roots obtained from the western north region of Iran. Additionally, by using GC-MS, we could identify the components of the essential oil, to which the antimicrobial and healing effects could be attributed.

Essential oils of Apiaceae taxa are well-known for their variability with respect to the growing site and time of harvest.³ There are several studies investigating the chemical composition of the essential oils of different parts of *P. ferulacea* such as aerial parts, fruits, seeds, flowers, stems and leaves from different locations. Monoterpene compounds have been well established to be the major component in the essential oil of leaves, stems, flowers and fruits of *P. ferulacea*,^{4,5} and reported to possess antibacterial activity.⁶

Sajjadi et al, for the first time, carried out the GC/MS analysis of the essential oil of the roots of *P. ferulacea* from centre of Iran and reported the oil to be consist of monoterpene hydrocarbons (78.4%), oxygenated monoterpenes (9.4%), sesquiterpene hydrocarbons (5.3%) and three oxygenated sesquiterpenes.⁷ In addition, a phytochemical screening of the root extract of *P. ferulacea* resulted in the identification of coumarin compounds, including osthole, isoimperatorin, oxypeucedanin, psoralen and gosferol, some of which with reported anti-HSV and cytotoxic effects. Moreover, the compound osthole showed anti-inflammatory property⁸ and *in vivo* antispasmodic^{9,10} and antitumor^{11,12} activities.

There are some reports evaluating the antimicrobial property of the essential oil from different parts of *P. ferulacea*. In spite of significant antibacterial activity reported for the fruits, leaves, stems and flowers of *P. ferulacea* essential oil against both gram-positive and gram-negative bacteria, it has been demonstrated that methanol, ethanol and *n*-hexane extracts of aerial parts of *P. ferulacea* showed only slight antimicrobial activity against some gram-positive bacteria.^{4,5,13} Razavi et al. reported high antibacterial effect of the fruits and umbels of *P. ferulacea* essential oil especially against gram-positive bacteria *Bacillus cereus*.¹⁴ Basically, regarding its traditional use as a wound healing agent, this study was undertaken to evaluate the wound healing activity and

antimicrobial effect of the essential oil of *P. ferulacea* roots from the western north of Iran. For the first time, we aimed to analyze its chemical composition to which these biological activities could be correlated. However, the traditional use of this plant by local people as a wound healing agent is the basis of this study.

Materials and Methods

Plant material

The roots of *P. ferulacea* were collected from the mountainous area between Mishadeh and Tujaleh; Piranshahr; West Azarbaijan; Iran (36°34'0"N, 45°21'23"E, 2000 m) in June 2012. Voucher specimens (No. Tbz-Fph-732) have been deposited at the herbarium of the Department of Pharmacognosy, Faculty of Pharmacy, Tabriz University of Medical Sciences, Tabriz, Iran.

Isolation of the essential oil

After harvesting, 100 g of fresh and crushed roots were immediately subjected to hydro-distillation in a Clevenger type apparatus for 3 hours for extraction of the essential oil. The oil was collected, de-hydrated with anhydrous sodium sulphate, measured (as 1.2%) and kept cool in the dark prior to analysis.

Analysis of volatile compounds

The GC/MS analysis was performed using Agilent 19091S-433 Quadropole gas chromatograph (Agilent Santa Clara, CA, USA). The components were separated with a HP-5MS (30 cm × 0.25 mm; film thickness 0.25 μm) capillary column and a flame ionization detector (FID), which was operated in EI mode at 70 eV. Injector temperature, 260°C; detector temperature, 290°C; column temperature was programmed 60-280°C at a rate of 4°C/min; Volume injected, 1 μL of the essential oil solution in hexane; Split ratio, 1:29. The MS operating parameters were as follows: EI mode 70 eV; Helium was the carrier gas with a flow rate of 1.8 mL/min; ion source temperature, 270°C; quadrupole 100°C; Solvent delay 2 minutes; scan speed 2000 amu/s; scan range 30-600 amu and EV voltage 3000 V.

Identification of the compounds

The constituents of the essential oil were identified by their retention indices under temperature-programmed conditions for *n*-alkanes (C8–C21) and the essential oil on a HP-5MS column under the same chromatographic conditions. The identification of compounds was based on direct comparison of the retention times and mass spectral data with those for the standards and by computer matching with the Wiley 229, Nist 107, Nist 21 Library, as well as by comparing the fragmentation patterns of the mass spectra with those reported in the literature.^{15,16} For quantification purpose, relative area percentages obtained by FID were used without the use of correction factors.

Microbial strains and inoculum preparation

The essential oil, methanol and chloroform extracts of *P.*

ferulacea were investigated for the antimicrobial activity against six microorganisms. The reference strains were: *Staphylococcus aureus* ATCC (6538), *Staphylococcus epidermidis* ATCC (12228), *Escherichia coli* ATCC (8739), *Pseudomonas aeruginosa* ATCC (9027), *Salmonella paratyphi* ATCC (4420) and *Candida albicans* ATCC (10231). These strains were obtained in lyophilized form from Institute of pasture (Tehran, Iran), and activated by culturing in Luria Bertuni agar medium (Hi Media, India) and incubation for 24 hours at 37°C. Single colony from the plate was transferred into 4 mL fluid LB medium and incubated over night at 37°C and 200 rpm in shaking incubator. The cells were harvested by centrifugation at 3000 rpm for 15 min and 4°C. Subsequently, they were washed twice and re-suspended in saline solution to provide bacterial concentrations between 10⁷–10⁸ CFU/mL.¹⁷

Antimicrobial assay

In order to determine the antimicrobial activity of the essential oil of the roots of *P. ferulacea*, the agar disc diffusion method was employed. Firstly, Sterile Muller Hinton agar medium was prepared and poured into sterile plates, which were incubated at 37°C for 24 hours to check for any signs of contamination. Subsequently, 100 mL of each inoculum was thoroughly spread on the corresponding Muller Hinton agar plate. Succeeding that sterile filter paper discs (whatman filter paper) of 6 mm diameter were soaked in the essential oil (10 µL) and then placed on the inoculated plates. After that the Petri dishes were incubated at 37°C for 24 hours and the diameters of the inhibition zones were measured in millimeters. Amikacin (30 µg/disc) standard was used as positive control. The inhibition zone was determined by measuring the minimum dimensions of the zone of no microbial growth around the disc. An average of four independent determinations was recorded.

Determinations of minimum inhibitory concentration (MIC)

The agar dilution method was employed to determine MIC of the essential oil according to CLSI.¹⁷ The prepared inoculum was added to Muller Hinton broth medium to reach the final concentration of 10⁶ CFU/mL. One milliliter of the inoculated medium was added to 8 sterile tubes include seven tests and a control tubes. Dimethylsulfoxide (DMSO) was used as the solvent for mixing essential oil with the medium. A serial doubling dilution of the essential oil was added in the tubes over the range 2.5–80 µg/mL of the essential oil. The tubes were incubated at 37°C for 24 hours. After that, from the content of each tube a streak culture was grown on Mueller Hinton Agar plates. The first concentration with no sign of bacterial growth on plates was considered as the MIC. DMSO without essential oil was used as a negative control. All experiments were performed in three separate occasions.

Cell cultures

The mouse fibroblast cell line L929 were purchased from the cell bank of Pasteur Institute (Tehran, Iran). The cells were grown and maintained in a humidified incubator at 37°C and in 5% CO₂ atmosphere. RPMI-1640 medium (Sigma-Aldrich, St. Louis, MO, USA) was supplemented with 10% heat inactivated Fetal Calf Serum (FCS), 100 units/ml penicillin, and 100 µg/mL streptomycin (all from Invitrogen Gibco, Carlsbad, CA, USA) for cell cultures. Upon reaching confluency, the cells were passaged. After being harvested from sterile T75 culture flasks (Nunc, Denmark), the cells were counted using a hemocytometer and cell viability was determined by trypan blue exclusion. Ten thousand cells from log phase cultures were seeded in 100 µL of RPMI medium supplemented with 10% fetal bovine serum per well of 96-well flat-bottom culture plates (Nunc, Denmark).¹⁸

MTT cell viability assay

The assay detects the reduction of MTT [3-(4, 5-dimethylthiazolyl)-2, 5-diphenyl-tetrazolium bromide, Sigma] (a colorimetric technique) by mitochondrial dehydrogenase to blue formazan product, which reflects the normal function of mitochondria and hence for measuring the cytotoxicity cell and viability. About 1.0×10⁴ viable cells/well of L929 line were plated into the 96-well tissue culture plates (Nunc, Denmark), and then incubated at 37°C overnight. The next day when cells reached over 80% confluence, the media were replaced with 200 mL of fresh complete medium containing 1–132 µg/mL of PFE, no oil was added to the negative control well. After 24 h, the supernatants were removed and cell layers were washed with phosphate buffered saline (PBS, Invitrogen, Gibco) and incubated with MTT (50 µL, 2 mg/mL) in RPMI 1640 without FCS for 4 h in a humidified atmosphere at 37°C according to the manufacturer's protocol. The cell cultures were centrifuged at 1000 ×g for 5 minutes and the supernatants were discarded. Subsequently, 200 mL of DMSO (Sigma-Aldrich) and 25 mL Sorenson buffer were added to dissolve the formazan crystals formed. The optical density (OD) colored solution was quantified at 570 nm by an enzyme linked immunoabsorbent assay reader (ELISA Reader, BIO-RAD, Hercules, CA, USA). The absorbance of untreated cells was considered as 100%. All the experiments were assayed in quadruplicate in three independent experiments.¹⁹ Eventually, the most effective concentrations by which the viability of fibroblasts was increased were selected to be evaluated in the in vitro scratch wound healing model.

In vitro scratch assay

As an in vitro model of wound healing assay, scratch test was performed to evaluate the ability of PFE to enhance the spreading and migration of fibroblast cells.^{20,21} Briefly, L929 cells (5.0×10³ cells/cm²) were seeded in 6-well plates and when the confluent monolayer was obtained a linear scratch was generated using a sterile pipette tip. After that, cellular residues were washed out by PBS and 2 mL

of fresh RPMI-1640 medium containing 4 and 16 µg/mL (concentrations were selected from the results of the MTT assay) PFE was added to the wells. No oil was added to the control wells. Samples were in quadruplicates. Plates were incubated at 37°C with 5% CO₂ and photographs were taken at a 4x magnification on days 0, 1 and 2. Using computing software Image J 147, for each day, the distance of each scratch closure was determined and the migration rate percentage was calculated according to the following formula²² where DBS is the average distance between scratch:

Migration rate % = (DBS (day 0) – DBS (day 1 or 2))/ DBS (day 0).

Type I collagen production assessment

The type I collagen content, which has been used as an indicator of progress in wound healing process,²³ was determined using Sircol™ Collagen Assay (Biocolor Life Science Assays, Carrickfergus, UK). Briefly, L929 fibroblasts (3.3×10⁴ cells/cm²) were seeded in 96-well plates and after one day were treated with PFE at a concentration range of 2-16 µg/mL. No oil was added to the control wells. Subsequently, wells incubated at 37°C with 5% CO₂ for 72 hours. Then, supernatants were collected and the total soluble collagen content was quantified according to manufacturer's instruction.

Statistics

Data were presented as mean ± SEM. One-way-ANOVA was used to make comparisons between the groups. If the ANOVA analysis indicated significant differences, a Student–Newman–Keuls post hoc test was performed to compare the mean values between the treatment groups and the control. Statistical differences between groups were considered significant at *P*<0.05.

Results

GC/MS analysis of PFE

Roots of *P. ferulacea* yielded 1.2% V/W of a pale yellow volatile oil. The chemical constituents and their percentage are given in Table 1 (GC/MS chromatogram and Mass spectrum has been included as supplementary file). Fourteen compounds, representing 95.1% of the total essential oil were identified with the help of GC-MS. Monoterpene hydrocarbons predominated the essential oil (67.3%), with β-Phellandrene (32.1%), m-Tolualdehyde (26.2%), and δ-3-carene (25.8%) and α-Pinene (4.7%) as the major components.

Antimicrobial activity of PFE

PFE was screened for antimicrobial activity against the selected strains using the agar disc diffusion method and the results are presented in Table 2. According to the results, PFE exhibited remarkable antimicrobial activity against all the tested strains. Interestingly, after treating with PFE (10 µg/disc) the inhibition zone of three strains including *P. aeruginosa*, *S. aureus* and *S. epidermidis* appeared greater than those for Amikacin (30 µg/disc) as the positive control.

Moreover, MIC of PFE was determined using the agar dilution method and the results are depicted in Table 2 as well. As it can be seen in Table 2, *P. ferulacea* inhibited the growth of *S. aureus* and *P. aeruginosa* with the MIC value of 20 µg/mL. Interesting MIC values were also obtained in the screening against *S. paratyphi* (10 µg/mL), *E. coli* (5 µg/mL) and *C. albicans* (5 µg/mL).

Effect of PFE on viability of L929 fibroblast cells

The effect of treatment with PFE on fibroblast cells, at a concentration range of 1-132 µg/mL, was studied by MTT assay. According to the results, as shown in Fig. 2, PFE not only showed no toxic effect on L929 fibroblast cells, but

Table 1. Chemical compositions of *Prangos ferulacea* root essential oil

No.	RI ^a	RT ^b	Molecular formula	Compounds	Area (%)
1	937	4.14	C ₁₀ H ₁₆	α-Pinene	4.7
2	950	4.42	C ₁₀ H ₁₆	Camphene	0.9
3	974	4.94	C ₁₀ H ₁₆	Sabinene	0.5
4	990	5.34	C ₁₀ H ₁₆	β-Myrcene	2.1
5	1010	5.93	C ₁₀ H ₁₆	δ-3-Carene	25.8
6	1030	6.49	C ₁₀ H ₁₆	β-Phellandrene	32.1
7	1042	7.10	C ₁₀ H ₁₆	γ-Terpinene	1.2
8	1051	7.52	C ₈ H ₆ O	Coumarone	0.9
9	1059	8.09	C ₈ H ₈ O	m-Tolualdehyde	26.2
12	1217	10.55	C ₁₀ H ₁₆ O	trans-Carveol	0.2
13	1228	14.02	C ₁₂ H ₂₀ O ₂	Fenchyl acetate	0.2
14	1298	15.54	C ₁₂ H ₁₈ O ₂	Sabinyl acetate	0.5
Total					95.1%
Monoterpene hydrocarbons					67.3%

^a RI: Retention indices as determined on a HP-5MS column using the homologous series of alkanes (C8-C21).

^b RT: retention time.

Table 2. The antimicrobial activity of the essential oil of *Prangos ferulacea* roots (PFE)

Strain	ZI ^a of PFE (10 µg/disc) (mm±SD)	ZI of Amikacin (30 µg/disc) (mm±SD)	MIC ^b for PFE (µg/ mL)	MIC for Amikacin (µg/mL)
<i>Pseudomonas aeruginosa</i> ATCC (9027)	12±0.8	10±1	20	15
<i>Staphylococcus aureus</i> ATCC (6538)	21.5±1.1	15±1.2	20	15
<i>Staphylococcus epidermidis</i> ATCC (12228)	19±0.9	14±1	20	25
<i>Candida albicans</i> ATCC (10231)	14±0.4	18±0.5	5	5
<i>Salmonella paratyphi</i> ATCC (4420)	14.5±0.1	17±0.7	10	5
<i>Escherichia coli</i> ATCC (8739)	14±0.3	16±1.1	5	5

Values are mean±SD, (n=4). ^aZI: Zones of inhibition, ^bMinimum Inhibitory Concentration, Disc diameter = 6 mm

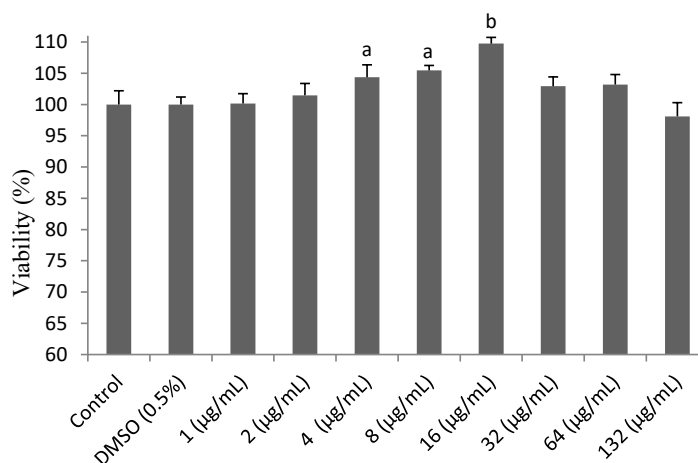


Figure 2. The effect of the essential oil of *P. ferulacea* roots (PFE) on the viability of L929 fibroblasts. PFE at different concentrations (1-132 µg/mL) was added to fibroblast cells and the viability of cells after treatment was calculated using MTT assay. At doses 4-16 µg/mL, PFE treatment led to a moderate increase in the viability of fibroblast cells.

also demonstrated a viability increasing effect at a range of 4-16 µg/mL. Accordingly, for the next step, 4 and 16 µg/mL doses were selected to be evaluated in scratch test for their wound healing potential.

The effect of PFE on in vitro scratch test

Scratch test, as a standard *in vitro* method for wound healing studies, was performed to investigate the impact of PFE on the migration of L929 cells to the scratched area, so-called the wounded section. According to the quantitative results listed in Table 3, PFE, at doses of 4 and 16 µg/mL, was able to increase substantially ($P < 0.001$) the migration of fibroblast cells into the wounded site by 15.4-57.05%. Fig. 3 illustrates the results of scratch assay.

The effect of PFE on the production of collagen by L929 fibroblast cells

To realize the effect of PFE on the total amount of type I collagen produced by L929 fibroblast cells, the standard collagen assay kit was used as described earlier. As shown in Fig. 4, PFE increased significantly ($P < 0.001$) the total concentration of type I collagen in a dose-dependent manner.

Discussion

Wound healing process is an intricate procedure which concerns many events including angiogenesis, reepithelialization, granulation tissue formation, and remodeling of extracellular matrix.²⁴ Fibroblasts’ role, as

Table 3. The effect of the essential oil of *Prangos ferulacea* roots (PFE) on the migration of fibroblast cells in the in vitro scratch test

Day	Group	Length between scratch (µm)	Migration Rate (%)
Control	0	195±3.6	-
	1	175.5±2.3	10±0.36
	2	136±5.2	30.2±1.3
PFE (4 µg/mL)	0	208±4.5	-
	1	155±2.8 ^a	25.4±1.1 ^a
	2	76±4.1 ^a	63.5±0.8 ^a
PFE (16 µg/mL)	0	200.8±1.5	-
	1	92.9±1.7 ^a	53.7±1.3 ^a
	2	26±5.2 ^a	87.05±2.4 ^a

Values are mean ± SD (n = 4). ^a $P < 0.001$ as compared with normal control group of same day using one way ANOVA with Student-Newman-Keuls post hoc test.

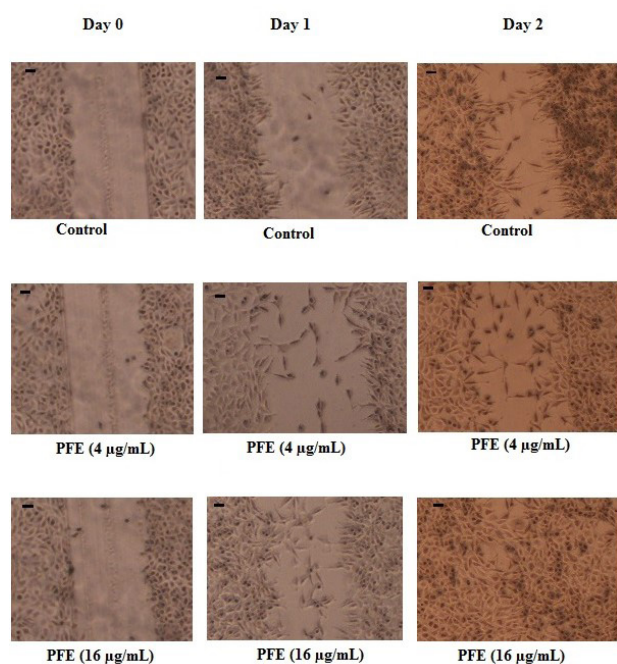


Fig. 3. The effect of the essential oil of *P. ferulacea* roots (PFE) in scratch wound healing model using L929 fibroblasts. The migration rate of cells into the scratched site evaluated in groups including Control (no treatment) and PFE groups (treated with 4 and 16 µg/mL) at days 0, 1 and 2 after incubation. Photographs were taken at a 4x magnification. Scale bar indicates 0.1 inches.

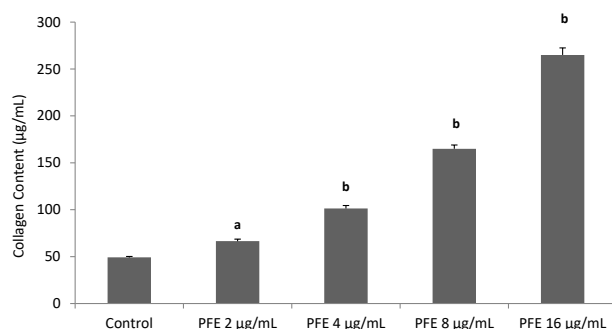


Fig. 4. The effect of the essential oil of *P. ferulacea* roots (PFE) on the production of collagen by L929 fibroblast cells. Values are mean±S.D. (n = 4). ^a $P < 0.01$ and ^b $P < 0.001$ as compared with normal control group using one way ANOVA with Student-Newman-Keuls post hoc test.

the cornerstone cells of the architecture of tissue repair, is of utmost importance. In the earlier days of healing process, fibroblasts proliferate and migrate to the wounded site. Then, from third day after wounding, fibroblasts obtain a new responsibility, collagen production, which is continued until about three weeks.^{25,26} Collagen is another important factor during healing process and is an imperative element for events like angiogenesis and extracellular matrix remodeling. The total amount of collagen produced by fibroblasts in a wound is directly associated with the final tensile strength and integrity of newly formed blood vessels.²² Hence, using fibroblast

cells in the in vitro wound models, like scratch assay, and evaluating collagen production by these cells is of significant value in studying the wound healing potential of natural products. On the other hand, assessment of proliferative activity or in contrast, toxicity of natural products against fibroblast cells, could be a valuable examination which somehow shows the potency and the safety of the tested product.

In this study, even after treating with high concentrations of PFE (up to 132 µg/mL), the viability of L929 fibroblast cells was remained close to that of normal control cells (Fig. 2). Besides, within the concentration range of 4-16 µg/mL, an increase in the viability of L929 cells was observed; therefore, we tested these doses in scratch assay. Our results showed that PFE at 4 and 16 µg/mL was able to increase significantly ($P < 0.001$) the population of L929 fibroblast cells in scratched area which could be due to immigration of fibroblasts or proliferation of migrated cells. Furthermore, collagen production by fibroblasts which was assessed after treatment with different concentrations of PFE, increased markedly ($P < 0.001$) in a dose-dependent manner. This finding can be considered as a consequent event of fibroblast proliferation induced by PFE and confirms the wound healing activity of PFE.

Additionally, monoterpenes were shown to be major constituent of PFE. There are some controversial studies on the impact of monoterpenes in different types of cells. In some studies, they act as antiproliferative,^{27,28} in contrast, there are some other reports showing their proliferative effect.²⁹ It is highly important to note that, depending on the cell type, the same compound can elicit different actions. However, we propose that the increased proliferation and migration rate of fibroblast cells by PFE seen in this study could be attributed to its high monoterpene content. On the other hand, non-toxicity of PFE was a valuable finding demonstrating its safety for topical application.

The chemical compositions of the essential oil of different parts of *P. ferulacea* have been previously investigated. In almost all parts of the plant, monoterpene hydrocarbons have been found to be the most abundant compounds of which 2, 3, 6-trimethyl benzaldehyde, δ -3-carene, α -pinene, sabinene, limonene and phellandrene were the main constituents of the essential oils.^{4,5,14} In the present study, PFE was characterized by a high content of the monoterpene hydrocarbons. Thus, this result is consistent with the previous studies. We found that monoterpene hydrocarbons predominated in the oil of *P. ferulacea* roots (67.3%) with β -Phellandrene (32.1%), m-Tolualdehyde (26.2%), and δ -3-carene (25.8%) and α -Pinene (4.7%) as the major components.

Some hurdles can appear in the wound healing process path. Wound contamination by different categories of microorganisms is a serious and undesirable problem which can result in wound infection and as a consequent, complicating the wound healing process. The situation is more deteriorating because of the growing emerges of multidrug-resistant strains. To combat the shortcomings

of the commonly used synthetic antibiotics, there has been an upward global trend in development and application of naturally originating antimicrobial agents since the past few decades. Natural remedies have been widely used in traditional medicine in Iran and it backs to more than 1000 years ago.² The oil extracted from the roots of *P. ferulacea* has been used as a potent wound healing remedy especially for pus-filled both in human and stocks in the western north of Iran where its effectiveness practically has been proven. Therefore, we hypothesized that essential oil of *P. ferulacea* roots could have strong antimicrobial activity especially against the strains involving in wound infections so this way, it helps wound healing process.

The normal indigenous skin microbiota such as staphylococci, micrococci and propionibacteria are the very first sources by which the wound is colonized. In addition, exogenous microorganisms originated from the environment predominantly pseudomonas spp. have a high probability to contaminate wounds and worsen the patient's treatment situation.³⁰ Among the contaminant bacteria sources, *S. aureus* and *P. aeruginosa* are the most mutant to multidrug-resistant forms.³¹ According to Tammelin et al, 12.5% of *S. aureus* isolates and 21.7% of Pseudomonas species were found to be resistant to a clinically relevant synthetic antibiotic.³² In addition, strains from Enterobacteriaceae, especially *E. coli*, have the potential to contaminate wounds. For example, the most frequent pathogens isolated from the post-operation infected wounds of 676 surgery patients were *S. aureus* (28.2%), *P. aeruginosa* (25.2%), *E. coli* (7.8%), and *S. epidermidis* (7.1%).³³

Now, care professionals unanimously believe in that aerobic or facultative pathogens such as *S. aureus*, *P. aeruginosa*, and beta-hemolytic streptococci are the primary causes of delayed healing and infection in both acute and chronic wounds.³⁰ According to our antimicrobial results, the essential oil of *P. ferulacea* roots remarkably suppressed the growth of *S. aureus* and *P. aeruginosa* in agar disc diffusion assay with MIC values of 20 µg/mL (Table 2) reflecting its significant role in wound healing activity.

The antibacterial activity of essential oils rich in monoterpenes has been frequently reported.³⁴⁻³⁹ For instance, the essential oil of *Melaleuca alternifolia* (tea tree oil), which consists largely of cyclic monoterpenes, exhibited a broad-spectrum antimicrobial activity against *S. aureus*, *E. coli* and *C. albicans*.³⁶ Therefore, the high monoterpene content, which was revealed in the essential oil of this plant to be as 67.3% of the total oil, and the probability of synergistic effect of the individual monoterpene constituents, is proposed to be responsible for its strong antimicrobial activity.

Conclusion

Taken all together, the present study demonstrated the promising wound healing property of the essential oil of *P. ferulacea* roots from western north of Iran, as evidenced by its potent antibacterial activity along with its ability to

Research Highlights

What is current knowledge?

- ✓ Antibiotic resistant microbial strain is a matter of fact in modern drug therapy.
- ✓ Traditionally *Prangos ferulacea* roots are being used as an effective wound healing agent especially for pus-filled wounds among people.

What is new here?

- ✓ This is the very first study on PEE wound healing activity in vitro.
- ✓ Monoterpenes were shown to be major constituent of PFE.
- ✓ Collagen production by fibroblasts after treatment with PFE, was increased markedly ($P < 0.001$) in a dose-dependent manner.
- ✓ Collective antimicrobial effects together with wound healing potency of PEE could shorten the length of recovery period.

induce proliferation, migration and collagen production of fibroblasts and these findings corroborate its traditional use as a wound healing agent. The observed effects could be attributed to the high monoterpene content of the essential oil. Lastly, we suggest that further phytochemical and in vivo studies are needed to elucidate the components responsible for its healing activity and to clarify the actual effect of the oil on skin after its topical application.

Ethical approval

There is no ethical issue to be considered.

Competing interests

The authors declare that they have no conflict of interest.

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