

International Journal of Plant & Soil Science

Volume 35, Issue 23, Page 474-483, 2023; Article no.IJPSS.110791 ISSN: 2320-7035

Studies on Preparation of Mango Pickle from Different Genotypes of Akola Maharashtra Region

Rakesh Meena ^a, Surendra Patil ^b, Nitin Yadav ^c, Bhupendra Sagore ^{d*}, Prerna Prachi ^e, Bunty Meena ^f, Shubham Jain ^g and Anushi ^h

 ^a Department of Fruit Science, College of Horticulture and Forestry, Jhalawar, Agriculture University, Kota, Rajasthan (326 023), India.
 ^b Department of Fruit Science, Dr. Punjabrao Deshmukh Krishi Vidyapeeth, Akola,

Maharashtra (444104), India.

^c Department of Horticulture, Institute of Agricultural Sciences, Banaras Hindu University, Varanasi, Uttar Pradesh (221 005), India.

^d Division of Fruits and Horticultural Technology, ICAR-Indian Agricultural Research Institute, New Delhi (110 012), India.

^e Department of Fruit Science, College of Horticulture, Junagadh Agricultural University, Junagadh, Gujarat (362 001), India.

^f Department of Silviculture and Agroforestry, College of Horticulture and Forestry, Jhalawar, Agriculture University, Kota, Rajasthan (326 023), India.

⁹ Department of Fruit Science, College of Horticulture and Forestry, ANDUAT, Ayodhya, Uttar Pradesh, India.

^h Department of fruit Science, CSAUA&T, Kanpur, India.

Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

Article Information

DOI: 10.9734/IJPSS/2023/v35i234264

Open Peer Review History:

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here: <u>https://www.sdiarticle5.com/review-history/110791</u>

> Received: 15/10/2023 Accepted: 19/12/2023 Published: 22/12/2023

Original Research Article

*Corresponding author: E-mail: sagorebhupen@gmail.com;

Int. J. Plant Soil Sci., vol. 35, no. 23, pp. 474-483, 2023

ABSTRACT

Mango relishes are extremely popular throughout the Asian continent. In every Indian household, they are the condiment most frequently ingested. It is rich in antioxidants and contains vitamin K and fibre, among other nutrients. Four recipes of mango pickle, namely Recipe-1, Recipe-2 (Recipe-1 + niger seed 150 g), Recipe-3 (Recipe-1 + garlic 200 g), and Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) were standardised for the preparation of mango pickle using three genotypes (Galu, Shravanya, and Telya). The TSS (Total Soluble Solid), pH, titratable acidity, total sugar, reducing sugar, non-reducing sugar, ascorbic acid, and moisture content of the pickle sample were analysed. Genotype-3 and Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) were the most accepted and organoleptically acceptable mango pickles due to their elevated acidity, sugar content, and overall acceptability.

Keywords: Mango pickle; recipe; genotypes; TSS; total sugar; ascorbic acid; titratable acidity; pH; reducing sugar; non-reducing sugar; moisture.

1. INTRODUCTION

Mango (Mangifera Indica Linn.) fruit is wildly popular throughout the world. With an annual output of around 10.99 million tonnes, India is the world's largest producer (accounting for 57.18% of total output). Total area of mango under cultivation in India is 2.325 million ha with 208.22 production tonnes million [1]. Mango acknowledges as "King of fruit" due to its sweet aroma and delectable flavour, whereas fruit and leaves contain a variety of polyphenolic and micronutrients, antioxidants including mangiferin, beta-carotene, lutein, zeaxanthin, riboflavin, thiamine, niacin, anthocyanins and anthocyanidins, flavonoids, alkaloids, and minerals, according to chemical studies (Pal, 1988), [2,3]. Its gaining in popularity due to their therapeutic properties, which include the treatment diabetes, of blood pressure, restlessness, respiratory problems, gall bladder and kidney stones, dysentery, earaches, diverse inflammatory responses, wound-healing, heat stroke, and various gastrointestinal disorders. Literature reveals that mango fruits and leaves have been used in Avurvedic medicine for thousands of years to treat a variety of health problems and maladies, particularly digestive gastrointestinal health. Mangoes and are commonly used in salads and pickles, while mature mangoes are consumed as fruits, smoothies, and desserts. Mango pickle is by far the most popular and it can be preserved with oil, vinegar, citrus juice, or brine. There are 78 calories, 0.2 grammes of protein, 18.5 grammes of carbs, 0.3 grammes of fibre, and 0.4 grammes of fat in only one tablespoon of mango pickles. Acetic acid, which is included in pickles, serves

as a preservative to keep them fresh for longer (Shannon Rezac et al., 2018). The vitamin C in mango pickles helps the human body fight against illness and absorb more iron. The fibre in mango prevents constipation, while its antioxidants eliminate free radicals, prevent cell damage and cancer, and regulate blood sugar (Dalal, 2019).

2. MATERIALS AND METHODS

Three different locations in Akola were scouted for their ripe, green mangoes with white flesh, and then brought to the Department of Fruit Science at Dr. Panjabrao Deshmukh Krishi Vidyapeeth to be sorted for any signs of injury or disease. The fruit was washed in water and dried with muslin cloth to remove any dirt or dust. Three genotypes were used to standardize four different mango pickle recipes. At 0, 30, 60, 90, 120, and 150 days, pickles made with various recipes were assessed for their physicochemical composition, including Total soluble solids (TSS), titratable acidity percent (TAP), ascorbic acid mg per 100 g (mg/100 g), moisture percentage (%) [4], and pH (CRISON Instrument, Ltd, Spain) (Dubois method). Using a "Factorial completely randomized design," the experiment was set up with two factors: the three genotypes (Galu, Shravanya, and Telya) and the four recipes (Recipe-1, Recipe-2 (Recipe-1 + niger seed 150 g), Recipe-3 (Recipe-1 + garlic 200 g), and Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) and replicated thrice.

Recipes details: Four recipes for mango pickle were standardized. Fruits of 1 kg were cut into small pieces of about $1 \times 0.75 \times 0.5$ cm size.

Sr. No.	Ingredients	Recipe I	Recipe II	Recipe III	Recipe IV	
1.	Unripe mango flakes	1 kg	1 kg	1 kg	1 kg	
2.	Oil (ml)	250	250	250	250	
3.	Salt (g)	250	250	250	250	
4.	Mustard dal (g)	100	100	100	100	
5.	Clove (g)	10	10	10	10	
6.	Black pepper (g)	10	10	10	10	
7.	Cumin powder (g)	20	20	20	20	
8.	Asafetida (g)	5	5	5	5	
9.	Fennel (g)	100	100	100	100	
10.	Cardamom (g)	5	5	5	5	
11.	Fenugreek seed (g)	5	5	5	5	
12.	Chili powder (g)	20	20	20	20	
13.	Turmeric powder (g)	10	10	10	10	
14.	Coriander powder (g)	20	20	20	20	
15.	Niger seed (g)	-	150	-	150	
16.	Garlic (g)	-	-	200	200	

Table 1. Different recipes of mango pickle

Procedure for pickle making: Prior to sorting the chosen mango, totally cleaned with tap water. For the manufacture of pickle, the mangoes were cleaned with a cotton towel and cut into the desired size flakes, measuring about $1 \times 0.75 \times 0.5$ cm. The white flakes were dried in the shade for approximately three to four hours. Until then, make the pickle's masala. Bring the oil up to 60 °C. The fennel, clove, black pepper, and cardamom powder were prepared (preparation in flow chart). Made the oil lukewarm and added the pickling components, including asafetida, fenugreek seeds, Niger seed coarse powder,

chilli powder, turmeric powder, salt, coriander, cumin, and the powders of clove, black pepper, cardamom, and mustard dal, along with garlic, according to the instructions. Stirred and blended well. As the mixture cooled, mango chunks measuring 1 x 0.75 x 0.5 cm were added, mixed well, and then kept in a dry earthenware pot according to the guidelines. The plate and pot were wrapped with muslin fabric and kept at room temperature and in a clean location. The earthenware was held at ambient temperature for up to 150 days to assess chemical changes and sensory attributes every 30 days.

Flowchart of mango pickle preparation -

Selection of fruits for pickle
$\mathbf{p}_{\mathbf{r}}$
Washing, Cleaning and Grading
Make flakes for pickle about 1 x 0.75 x 0.5 cm size.
Dry the flakes for 3-4 hours in shadow.
Make powder of all ingredients.
$\mathbb{L}^{n} \to \mathbb{Q}^{n}$
Heat oil till 60°C
Add asafetida, fenugreek seeds and Niger seeds coarse powder or garlic flakes in lukewarm oil.
Add powder of chili, turmeric, salt, coriander, cumin and the powder of clove, black pepper, cardamom
and mustard dal.
Mix it well and as the whole mixture is cool down.
Add 1 kg mango flakes (about 1 x 0.75 x 0.5 cm size) to it and mix it well.
∇
Fill it in dry mud pot and cover the pot with muslin cloth.
Keen it is a cool and hygionic place
Keep it in a cool and hygienic place.

Meena et al.; Int. J. Plant Soil Sci., vol. 35, no. 23, pp. 474-483, 2023; Article no. IJPSS. 110791



Fig. 1. Mango pickle of genotype-1 (Galu) and recipe-I, II, III and IV after 150 days of storage



Fig. 2. Mango pickle of genotype-2 (Shravnya) and recipe-I, II, III and IV after 150 days of storage



Fig. 3. Mango pickle of genotype-3 (Telya) and recipe-I, II, III and IV after 150 days of storage

3. RESULTS AND DISCUSSION

3.1 TSS (⁰B)

The data in Table 2 exhibited significant differences in TSS content of mango pickle due to mango genotype and recipes at 150th days of storage.

3.1.1 Effect of genotypes

In general, the TSS of mango pickle increased in all genotypes. A significant minimum TSS was observed in Genotype-1 (Galu) i.e., from 2.78 0 B to 4.42 0 B at 30 to 150 days of storage. However, maximum TSS was increased in Genotype-3 (Telya) i.e., from 3.20 0 B to 4.72 0 B at 30 to 150 days of storage.

3.1.2 Effect of recipes

In general, the TSS of mango pickle increased in all four recipes. A significant minimum increase in TSS i.e., from 2.21 to 3.90 ^oB was recorded in Recipe-4. However, significantly maximum increase in TSS was observed in Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e., from 3.76 to 5.29 ^oB in mango pickle during 30 to 150 days of storage.

3.1.3 Interaction

The data present in Table 4 exhibited significant differences in TSS content of mango pickle due to interaction effect of genotypes and recipes of mango pickle during 30 to 150 days of storage. Maximum TSS was recorded in mango pickle prepared from genotype-3 (Telva) by using recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e., treatment T₁₂ while minimum TSS in mango pickle prepared from genotype-1 (Galu) by using recipe-1. TSS was increase might be due to the increasing in total sugar and reducing sugar during storage. Increase in sugar might be due to conversion of polysaccharide into monosaccharide & hydrolysis of starch into sugar & conversion of acids into sugar Gupta [5]. Similar results with rapid increase in TSS were reported by Shinde et al. [6] & Madhumati and Reddy [7] in mango pickle.

3.2 Titratable Acidity (%)

The data present in Table 2 exhibited a significant increase in Titratable acidity content of mango pickle due to interaction effect of genotypes and recipes of mango pickle during 30 to 150 days of storage.

3.2.1 Effect of genotypes

In general, the titratable acidity (%) of mango pickle increased in all genotypes. Significantly lowest increase in titratable acidity was observed in Genotype-1 (Galu) i.e., from 2.70 % to 3.42 % at 30 to 150 days of storage. However, the highest increase in titratable acidity per cent was found in Genotype-3 (Telya) i.e., from 2.96 % to 3.71 % at 30 to 150 days of storage.

3.2.2 Effect of recipes

In general, the titratable acidity % of mango pickle increased in all four recipes. A significant minimum increase in titratable acidity % i.e., from 2.25 to 3.09 % was recorded in Recipe-1. However, significantly maximum increase in titratable acidity % was observed in Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e., from 3.37 to 4.05 % in mango pickle during 30 to 150 days of storage.

3.2.3 Interaction

The data present in Table 4 exhibited significant differences in titratable acidity % content of mango pickle due to interaction effect of genotypes and recipes of mango pickle during 30 to 150 days of storage. Highest titratable acidity % was recorded in mango pickle prepared from genotype-3 (Telya) by using recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e., from 3.37 to 4.29 %, while minimum titratable acidity % was recorded in mango pickle prepared from genotype-1 (Galu) by using recipe-1 i.e., from 2.13 to 2.93 %. Acidity increases in pickles might be due to lactic acid fermentation; fermentation has been known to decrease pH and increase acidity in several foods [5]. The above results are in conformity with Sastry et al. [8] who reported 2.0 to 2.2 per cent acidity during six weeks of storage in mango pickle.

3.3 Total Sugar (%)

Data pertaining to total sugar in mango pickle as influenced by genotypes and recipes was recorded at five months of storage period at monthly interval are presented in Table 2.

3.3.1 Genotypes

Total sugar content of mango pickle increased in all genotypes. Significantly lowest increase in total sugar content was observed in Genotype-1 (Galu) i.e., from 4.90 % to 6.94 % at 30 to 150 days of storage. However, the highest increase in total sugar per cent was found in Genotype-3 (Telya) i.e., from 5.29 % to 7.35 % at 30 to 150 days of storage.

3.3.2 Recipes

In general, Total sugar content of mango pickle increased in all four recipes. A significant minimum increment in total sugar content i.e., from 4.25 to 6.23 % was recorded in Recipe-1. However, significantly maximum increment in total sugar content was observed in Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e., from 5.82 to 8.23 % in mango pickle during 30 to 150 days of storage.

Table 2. Effect of different genotypes on chemical properties of mango pickle after 150 days of storage

Genotype	TSS	Titratable acidity (%)	Total sugar (%)	Reducing sugar (%)	Non-reducing sugar (%)	рΗ	Ascorbic acid (mg/100g ⁻¹)	Moisture (%)
Genotype-1	4.42	3.42	6.94	4.61	2.33	3.14	10.98	43.53
Genotype-2	4.54	3.49	7.15	4.82	2.33	3.36	12.01	44.33
Genotype-3	4.72	3.71	7.35	5.04	2.32	3.47	12.77	45.24
F test	Sig.	Sig.	Sig.	Sig.	NS	Sig.	Sig.	Sig.
SE (m)±	0.01	0.01	0.02	0.06	0.01	0.02	0.02	0.02
CD at 1 %	0.03	0.04	0.06	0.19	-	0.06	0.06	0.06

Table 3. Effect of different recipes on chemical properties of mango pickle after 150 days of storage.

Recipes	TSS	Titratable acidity (%)	Total sugar (%)	Reducing sugar (%)	Non-reducing sugar (%)	рН	Ascorbic acid (mg/100g ⁻¹)	Moisture (%)
Recipe-1	3.90	3.09	6.23	3.96	2.27	2.72	9.33	41.72
Recipe-2	4.33	3.42	6.82	4.60	2.23	3.09	10.65	42.68
Recipe-3	4.73	3.61	7.31	5.17	2.15	3.55	13.24	45.47
Recipe-4	5.29	4.05	8.23	5.55	2.67	3.93	15.39	47.59
F test	Sig.	Sig.	Sig.	Sig.	Sig.	Sig.	Sig.	Sig.
SE (m)±	0.01	0.01	0.02	0.07	0.01	0.02	0.02	0.02
CD at 1 %	0.034	0.04	0.07	0.22	0.04	0.07	0.07	0.07

Table 4. Interaction effect of different genotypes and recipes on chemical properties of mango pickle after 150 days of storage

Treatments (G x R)	TSS	Titratable acidity (%)	Total sugar (%)	Reducing sugar (%)	Non-reducing sugar (%)	рН	Ascorbic acid content (mg/100g ⁻¹)	Moisture content (%)
G ₁ R ₁	3.80	2.93	6.04	3.75	2.30	2.63	7.28	41.21
G1R2	4.20	3.33	6.64	4.28	2.36	2.88	9.69	42.33
G ₁ R ₃	4.59	3.56	7.07	5.02	2.05	3.23	12.54	44.11
G1R4	5.10	3.85	8.01	5.38	2.63	3.82	14.39	46.47
G ₂ R ₁	3.90	3.06	6.24	3.98	2.24	2.73	8.55	41.72
G_2R_2	4.29	3.40	6.88	4.57	2.30	3.13	10.80	42.62
G ₂ R ₃	4.70	3.67	7.25	5.18	2.10	3.61	13.03	45.84
G ₂ R ₄	5.29	4.03	8.24	5.54	2.69	3.95	15.64	47.13
G ₃ R ₁	4.00	3.29	6.41	4.15	2.27	2.80	9.33	42.22
G ₃ R ₂	4.50	3.53	6.95	4.95	2.02	3.27	11.47	43.10
G ₃ R ₃	4.89	3.74	7.59	5.32	2.30	3.61	14.15	46.46
G ₃ R ₄	5.50	4.29	8.43	5.73	2.69	3.95	16.13	49.16
F test	Sig.	Sig.	NS	NS	Sig.	Sig.	Sig.	Sig.
SE (m)±	0.02	0.02	0.04	0.13	0.02	0.04	0.04	0.04
CD at 1 %	0.05	0.07	-	-	0.07	0.12	0.12	0.12

3.3.3 Interaction

There was a non-significant difference found in total sugar content due to interaction effect of genotypes and recipes of mango pickle during 150 days of storage. Maximum total sugar i.e., 8.43 per cent in pickle of genotype-3 (Telya) by using recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) while minimum increment i.e., 6.04 per cent in mango pickle of genotype-1 (Galu) by using recipe-1 at 150 days of storage. These results are conformity with the results of Thakur et al. [9] in seedling mango pickle and Singh et al. [10] in 90 days storage of mango pickle. Increase in sugar might be due to conversion of polysaccharide into monosaccharide & hydrolysis of starch into sugar & conversion of acids into sugar Gupta [5].

3.4 Reducing Sugar (%)

3.4.1 Genotypes

Reducing sugar content of mango pickle increased in all genotypes. Significantly lowest increase in total sugar content was observed in Genotype-1 (Galu) i.e. from 4.90 % to 6.94 % at 30 to 150 days of storage. However, highest increase in total sugar per cent was found in Genotype-3 (Telya) i.e. from 5.29 % to 7.35 % at 30 to 150 days of storage.

3.4.2 Recipes

There was an increasing trend found in reducing sugar in mango pickle recipes. Highest reducing sugar i.e. from 4.54 to 5.55 % were recorded at 30^{th} to 150^{th} days of storage, respectively in recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g), while in recipe-1 recorded lowest reducing sugar i.e., from 2.86 to 3.96 % were recorded at 30^{th} to 150^{th} days of storage, respectively.

3.4.3 Interaction

Due to the interaction impact of mango pickle genotypes and recipes, a rising tendency in reducing sugar was found during the storage period. Highest reducing sugar i.e., 5.73 per cent in pickle of genotype-3 (Telya) by using recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) at 150 days of storage. While minimum reducing sugar i.e., 3.75 per cent in mango pickle of genotype-1 (Galu) by using recipe-1 at 150 days of storage. Increase in sugar might be due to conversion polysaccharide of into monosaccharide & hydrolysis of starch into sugar & conversion of acids into sugar Gupta [5]. Aruna et al. [11]. The same result was found by Verma et al. [12], who recorded that the sharp increase in reducing sugar from 2.39 to 2.71 per cent in mango pickle during 6 months storage. Similar results were found by Thakur et al. [9], who found that the reducing sugars of seedling mango pickle ranged from 2.37 to 3.83 per cent. The same result was also observed by Singh et al. [10] who reported that increasing trend of reducing sugar in different recipes of mango pickle during 90 days of storage.

3.5 Non Reducing Sugar (%)

3.5.1 Genotypes

Increasing trend was observed in non-reducing sugar during the storage period in mango pickle genotypes. At 150 days of storage mango pickle prepared from genotype-1 (Galu) was found numerically highest non-reducing sugar 2.33 per cent while genotype-3 (Telya) was observed numerically lowest non-reducing sugar 2.32 per cent.

3.5.2 Recipes

After the storage of mango pickle, the nonreducing sugar of all the treatments increased. At 150 days of storage mango pickle prepared from Recipe-4 was found highest non-reducing sugar i.e., 2.67 per cent while Recipe-3 was observed lowest non-reducing sugar i.e., 2.15 per cent.

3.5.3 Interaction

Due to the interaction impact of mango pickle genotypes and recipes the non-reducing sugar of mango pickle was increased significantly during 150 days of storage. Maximum non-reducing sugar i.e., 2.69 per cent in pickle of genotype-3 (Telya) by using recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) while minimum nonreducing i.e., 2.30 per cent in mango pickle of genotype-1 (Galu) by using recipe-1. Increase in non-reducing sugar might be due to increase in total sugar and reducing sugar. The same result was found by Singh and Bana, [13] who reported the non-reducing sugar as 5.6 percent in the Dashehari and 3.2 percent in the Desi cultivar of mango. Similar results were found by Chawla et al. [14] who reported decreasing trend of non-reducing sugar in carrot pickle during storage.

3.6 pH

3.6.1 Genotypes

Decreasing trend of pH was observed in mango pickle during storage. At 150 days of storage maximum pH was found in Genotype-3 (Telya) i.e., 3.47 while minimum pH in Genotype-1 (Galu) i.e., 3.14 after 150 days of storage.

3.6.2 Recipes

In mango pickle recipes, a decreasing trend in pH was noticed during the storage period. The highest pH i.e., 3.93 was recorded in Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) while minimum pH i.e., 2.72 was observed in Recipe-1.

3.6.3 Interaction

Due to combined effect of Genotypes and Recipes pH of mango pickle was significantly decreased day by day during 150 days of storage. Highest value of pH was found in pickle of genotype-3 (Telya) by using recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e., 3.95 while lowest pH value i.e., 2.63 in mango pickle of genotype-1 (Galu) by using recipe-1. Decrease in pH might be due to increase in acidity. Acidity increases in pickles due to lactic acid fermentation; fermentation has been known to decrease in pH. Similar result was found by Sastry et al. [8], who recorded that is the 3.5 pH. The same results were also found by Singh et al. [10], who reported that the decreasing trend of pH of mango pickle of different recipes during 90 days of storage.

3.7 Ascorbic acid content (mg/100 g)

3.7.1 Genotypes

Ascorbic acid content of mango pickle was decreased due to different mango genotypes. Highest 12.77 mg/100g ascorbic acid was reported in Genotype-3 (Telya) while lowest in Genotype-1(Galu) i.e., 10.98 mg/100g.

3.7.2 Recipes

In general, the Ascorbic acid content of mango pickle decreased in all four recipes. Significantly minimum ascorbic acid content i.e. 9.33 mg/100g were recorded in Recipe-1. However, significantly maximum ascorbic acid content was observed in Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e. 15.39 mg/100g in mango pickle during 150 days of storage.

3.7.3 Interaction

Decreasing trend was observed in ascorbic acid during the storage period due to interaction effect of mango genotypes and recipes. Mango pickle prepared from genotype-3 (Telya) by using recipe-4 (Recipe-1 + niger seed 150g + garlic 200g) i.e., treatment T₁₂ recorded maximum ascorbic acid content i.e., 16.13 mg/100g while minimum ascorbic acid content 7.28 mg/100g was recorded in genotype-1 (Galu) by using recipe-1. Ascorbic acid content decreased continuously in all the pickles during the entire storage period. This loss of ascorbic acid content might be due to the leaching loss by the osmotic action of added salt & sugar and its conversions into dihydro ascorbic acid by oxidation, as saline solution enhances rate of oxidation of ascorbic acid Premi et al. [15]. The same results were also found by Thakur et al. [9], who recorded that the ascorbic acid content ranged from 20.37 to 45.89 (mg/100g). The same results were also found by Singh et al. [10], who reported that the decreasing trend of ascorbic acid content of mango pickle of different recipes.

3.8 Moisture (%)

3.8.1 Genotypes

Decreasing trend was observed in moisture content during the storage period in mango pickle genotype due to addition of more salts and increasing sugar content which cause osmosis. Maximum moisture contents 45.24 per cent were recorded in mango pickle genotype-3 (Telya) at 150th days of storage. while minimum moisture content 43.53 per cent were recorded in mango pickle genotype-1 (Galu) at 150 days of storage [16-18].

3.8.2 Recipes

In general, the moisture content of mango pickle decreased in all four recipes. minimum moisture content i.e., 41.72 per cent was recorded in Recipe-1. However, maximum moisture content 47.59 per cent was observed in Recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e. from 3.37 to 4.05 % in mango pickle during 30 to 150 days of storage.

3.8.3 Interaction

Decreasing trend was observed in moisture content during the storage period due to

interaction effect of mango genotypes and recipes. Mango pickle prepared from genotype-3 (Telya) by using recipe-4 (Recipe-1 + niger seed 150 g + garlic 200 g) i.e., treatment T_{12} recorded maximum moisture content 49.16 per cent while mango pickle prepared from genotype-1 (Galu) by using recipe-1 recorded minimum moisture content 41.21 per cent at 150th days of storage. Kalra and Tandon [15] concluded that the reduction in moisture content was due to addition of more salt & sugar, which causes osmosis [19,20]. The same results were also found by Singh et al. [9], who reported that the decreasing moisture content of mango pickle of different recipes.

4. CONCLUSION

Based on the current data, one can draw the conclusion that the mango pickle that was made using a variety of genotypes and recipes and then kept at an ambient temperature for a period of 150 days was found to have a high level of acceptance in terms of the various chemical characteristics. The mango pickle that had been created using Genotype-3 (Telya) and Recipe-4 (Recipe-1 with 150 g of niger seed and 200 g of garlic) and had been aged for 150 days was noted to be superior to the rest of the treatments.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

REFERENCES

- ICAR Databook. Area and production of horticulture crops. ICAR Agricultural Research Data Book, India; 2022. Available:http://apps.iasri.res.in/agridata/22 data/HOME_20.HTML 2022.
- Singh JN, Pinaki A, Singh BB. Effect of GA3 and plant extracts on storage behavior of mango (*Mangifera indica* L.) cv. Langra. Haryana Journal of Horticultural Sciences. 2000;29(3/4):199-200.
- Swaroop A, Bagchi M, Moriyama H, Bagchi D. Health benefits of mango (*Mangifera indica* L.) and mangiferin. Japan Journal of Medicine. 2018;1(2): 149-154.
- 4. Ranganna S. Handbook of analysis and quality control for fruit and vegetable products. Tata McGraw Hill: New Delhi. 1997;1112.

- Gupta GK. Standardization of concentration of additives for development and processing of oilless mango pickle. Indian Food Packer. 1998;52:15-20.
- Shinde AK, Wagha RG, Joshi GD, Waghmare GM and Kshirsagar PJ. Pickle purpose mango variety- hybrid-4 (Konkan Ruchi). Indian Food Packer. 2004;58(3): 54- 58.57.
- Madhumati C, Reddy D. Srinivas. Characterization of mango (*Mangifera indica*) varieties for pickle making. Current Horticulture. 2020;8(2):34–37
- Sastry MV, Krishnamurthy N. Studies on Indian pickles–Part IV. Physico-chemical variations of some important varieties of mangoes. Indian Food Packer. 1975;43(5): 55-61.
- Thakur NS, Dharmender Kumar, Abhimanyu Thakur, Monika Chauhan, and Pradeep Kumar. Studies on Development and Storage Quality of Seedling Mango (*Mangifera indica* L.) Pickle of Himachal Pradesh. Indian Journal of Ecology. 2017; 44(6):690-696.
- Saroj and Krishan Kumar Singh. Standardization of recipe and method for mango pickle. International Journal of Chemical Studies. 2018;6(2):2033-2037.
- Aruna K, Vimla V, Giridhar N, Rao DG. Studies on preparation and storage of nectar prepared from papaya (*Carica papaya* L.). Bev. Fd. World. 1997;24(1):29-32.
- Verma RA, Tripathi VK, Tripathi MP and Singh S. Studies on the effect of packaging materials on mango pickle during storage. Indian Food Packer. 1986;40(11): 22-25.
- Singh RD, Bana DS. Studies on mango varieties: Morphology and physio-chemical studies of some important varieties. Indian Journal of Agriculture Resourses. 1976; 10(3):159.
- 14. Chawla P, Ghai S and Sandhu KS. Studies on the nutritional and organoleptic characteristics of carrot pickle during storage. Journal of Food science and Technology. 2005;42(4):358-360.
- 15. Premi BR, Sethi V, Geeta Bisaria. Preparation of instant oil less pickle from Aonla (*Emblica officinalis* Gaertn.). Indian Food Packer. 2002;56(3):72-74.
- Kalra SK, Tandon DK. Biochemical evaluation of mango pulp (cv. Dashehari) during storage. Submitted in J. Fd. Sci. and Technol.- India; 1983.

Meena et al.; Int. J. Plant Soil Sci., vol. 35, no. 23, pp. 474-483, 2023; Article no.IJPSS.110791

- 17. Gahane KD, Patil SR, Tayade SA, Raut HS. Morphological and physicochemical variability studies in local mango genotypes for pickle purpose. Journal of Pharmacognosy and Phytochemistry. 2019;8(4):3296- 3301.
- Purthi JS, Bedekar SV. Studies on varietal trials in salting or brining of raw mango slices for subsequent use in chutney and pickle manufacture. The Punjab Horticultural Journal. 1963;3(2):265-271.
- Rashmi Siddanna Bulla. Documentation of pickles and development of dehydrated mango pickle mix. M.Sc. Thesis submitted at Dharwad University of Agricultural Science, Dharwad. 2010; 1.
- 20. Ripening and rheological properties of mango as influenced by ethrel and calcium carbide. Journal of food science and technology (Mysore). Jul 1998;35(4): 358-360.

© 2023 Meena et al.; This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Peer-review history: The peer review history for this paper can be accessed here: https://www.sdiarticle5.com/review-history/110791